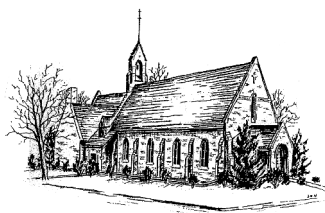


A monthly publication for  
the members and friends of  
Calvary Episcopal Church

February 2012



CALVARY EPISCOPAL CHURCH HILLCREST

# The Calvary Communicant

## From Father Lloyd

Dear Sisters and Brothers at Calvary,

I'm writing these words on the eve of your Parish Annual Meeting. I am praying fervently right now that every member reading this newsletter who would have been able to attend actually did so. Its purpose was to launch the next big step in Calvary's journey. The first big step-*giant* step, I admit - was your much deliberated vote back in October to seek the "rebirth" of Calvary's mission. The next step is to take the hopes and dreams that motivated you to vote for "rebirth" in the first place, and develop a concrete plan of action for realizing those dreams.

At this year's Annual Meeting, you will have heard the Vestry present such a plan in the form of goals and objectives for enlivening worship, spiritual and social life, fully engaging parish and community youth, meeting community needs, growing in numbers and cultural diversity, improving financial sustainability, to mention a few. The most rewarding ingredient of this process is the opportunity that everyone present has during the meeting to work in a small group on the goal area that excites them the most. You offer your own suggestions of approaches, programs, and activities that you would like to see and in which you, yourself, would be willing to be involved. The synergy happens when all of the groups share together

what they have come up with.

As your Consulting Pastor, one of my personal pleasures has come from observing the growing excitement and contagious energy among members of the vestry as the plan has emerged and they begin to sense the great adventure in mission that lies ahead for Calvary Church.

They deserve your accolades. Under the competent, firmly committed and sustained leadership of Mary Morgan, Senior Warden, your vestry has spent hours in regular and special meetings and weekend retreats, praying, reading scripture together and working unstintingly for the productions of the plan. By the way, this gives me the chance to offer my own thanks to Calvary's vestry members whose terms have ended, and to greet the newly elected ones.

I hope that every member reading this, currently active or not, will see that *this is a new day for Calvary*, and join with your vestry and other members in taking this next step. Join them in seizing this moment with your prayers, active support and personal involvement, to bring this new day to full fruition.

Peace,  
Lloyd+



### Inside this issue:

John Rutter	2	What is Shrove Tuesday?	3
		Blessings and Thanksgivings	4
St. Andrew's Bell Choir	2	Mark Your Calendars	4

# John Rutter: 2011-12 Letty Downs Musician in Residence

March 3rd & 4th

*Below is an article from Christ Church, Christiana Hundred...*

## Saturday, March 3rd

10am - 1pm: Open Rehearsal

2pm - 3pm: Lecture

## Sunday, March 4th

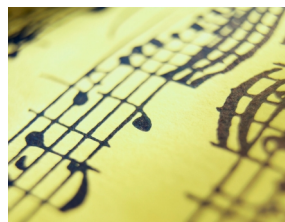
11am: Choral Eucharist

5pm: Choral Evensong

The eminent composer and conductor John Rutter will be this year's Musician in Residence at Christ Church. The Musician in Residence Program was endowed by the family of Letty Downs, who was an active lifelong member of Christ Church and Chairman of the church's Music Committee. The Musician in Residence Program brings a major figure in Anglican music to Christ Church each year to teach, rehearse, and perform with our treasured 18-voice all professional choir.

John Rutter was born in London in

1945 and received his first musical education as a chorister at Highgate School. He went on to study music at Clare College, Cambridge, where he wrote his first published compositions and conducted his first recording while still a student. His compositional career has embraced both large and small-scale choral works, orchestral and instrumental pieces, a piano concerto, two children's operas, music for television, and specialist writing for such groups as the Philip Johnes Brass Ensemble and the King's Singers. His larger choral works, Gloria-1974, Requiem-1985, Magnificat-1990, Psalmfest-1993, and Mass of the Children-2003 the chamber version of which had its US premiere at Christ Church have been performed many times in Britain, North America, and a growing number of other



countries. He co-edited four volumes in the new Oxford Choral Classics series, Opera choruses-1995 and European Sacred Music-1996. From 1975 to 1979 he was Director of Music at Clare College, whose choir he directed in a number of broadcasts and recordings.

After giving up the Clare post to allow more time for composition, he formed the Cambridge Singers as a professional chamber choir primarily dedicated to recording, and he now divides his time between composition and conducting. He has guest-conducted or lectured at many concert halls, universities, churches, music festivals, and conferences in Europe, Africa, North and Central America, and Australia, and this will be his third visit to Christ Church. In 1980 he was made an honorary Fellow of Westminster Choir College, Princeton, and in 1988 a Fellow of the Guild of Church Musicians. In 1996, the Archbishop of Canterbury conferred a Lambeth Doctorate of Music upon him in recognition of his contribution to church music. He was honoured in the 2007 Queen's New Year Honours List, being awarded a CBE for services to music. John Rutter's music is published by Oxford University Press, Hinshaw Music Inc. and Collegium Music Publications.

## St. Andrew's Bell Choir



The St. Andrew's Bell Choir is looking for several people to play in its group. You don't need any musical experience to ring - if you can count, you can play! We rehearse every Thursday evening at 7pm for about an hour. If you're interested in joining us, please contact Ginney Hunter at (302) 239-9674. We promise you'll have tons of fun - and at the same time, you'll be a part of ringing glorious praises to the Lord!

# What is Shrove Tuesday?

by Fr. William P. Saunders

*The following article is an excerpt taken from the Web site, "Holy Spirit Interactive"...*

**What is Shrove Tuesday? Also, do you have any idea why my parish has always had a pancake dinner on Shrove Tuesday, the day before Ash Wednesday?**

Shrove Tuesday is the last day of what traditionally was called "Shrovetide," the week preceding the beginning of Lent. The word itself, "Shrovetide," is the English equivalent for "Carnival," which is derived from the Latin words "carnem levare," meaning "to take away the flesh." (Note that in Germany, this period is called "Fasching," and in parts of the United States, particularly Louisiana, "Mardi Gras.")

While this was seen as the last chance for merriment, and, unfortunately in some places, has



resulted in excessive pleasure, Shrovetide was the time to cast off things of the flesh and to prepare spiritually for Lent.

Actually, the English term provides the best meaning for this

period. "To shrive" meant to hear confessions. In the Anglo-Saxon "Ecclesiastical Institutes," recorded by Theodulphus and translated by Abbot Aelfric about AD 1000, Shrovetide was described as follows:

"In the week immediately before Lent everyone shall go to his confessor and confess his deeds and the confessor shall so shrive him as he then may hear by his deeds what he is to do in the way of penance." To highlight the point and motivate the people, special plays or masques were performed which portrayed the passion of

our Lord or final judgment. Clearly, this Shrovetide preparation for Lent included the confessing of sin and the reception of absolution; as such, Lent then would become a time for penance and renewal of faith.

While this week of Shrovetide condoned the partaking of pleas-

ures from which a person would abstain during Lent, Shrove Tuesday had a special significance in



England. Pancakes were prepared and enjoyed, because in so doing a family depleted their eggs, milk, butter, and fat which were part of the Lenten fast. At this

time, some areas of the Church abstained from all forms of meat and animal products, while others made exceptions for food like fish. For example, Pope St. Gregory (d. 604), writing to St. Augustine of Canterbury, issued the following rule: "We abstain from flesh, meat, and from all things that come from flesh, as milk, cheese, and eggs." These were the fasting rules governing the Church of England; hence the eating of pancakes on Shrove Tuesday.

**Please join us at Calvary on February 21st at 6pm for our annual pancake supper and help us "deplete our cupboards" in preparation of Lent.**



CALVARY EPISCOPAL CHURCH  
HILLCREST

304 Lore Avenue  
Wilmington, DE 19809

Phone: 302-764-2027  
Fax: 302-764-4451  
E-mail: [calvary304@aol.com](mailto:calvary304@aol.com)

*Calvary Episcopal Church is an Episcopal parish. We have been a vibrant part of the community in North Wilmington for over 150 years. We welcome everyone who might want to worship, talk, work, or visit with us.*

*We are proud to be part of the [Episcopal Church of the United States of America](#) and the [Diocese of Delaware](#).*

*Come visit... we'd love to help you get to know why Calvary is so special.*

**We're on the Web!**

**[www.calvaryhillcrest.org](http://www.calvaryhillcrest.org)**

**Also find us on  
Facebook!**

## Blessings and Thanksgivings

---



**Happy Birthday**  
and many more to  
all who have a  
February birthday!!



Love is in the air!!  
**Happy  
Valentine's Day**  
to all!

Mark Your Calendars!

- **Tuesday, February 14th: Valentine's Day**
- **Tuesday, February 21st, 6pm: Calvary's Annual Shrove Tuesday Pancake Supper**
- **Wednesday, February 22nd, 7pm: Ash Wednesday service**
- **Sunday, April 1st: Palm Sunday**
- **Sunday, April 8th: Easter**